NOTICE!

New York Workers Compensation

This business operates in Accordance with New York Workers' Compensation Law.

WORKERS MUST REPORT ALL ACCIDENTS IMMEDIATELY TO THE EMPLOYER BY ADVISING THE EMPLOYER PERSONALLY, OR AN AGENT, REPRESENTATIVE, BOSS, SUPERVISOR OR FOREMAN OF THE EMPLOYER.

In accordance with the State Workers' Compensation Law, Workers Compensation Coverage Is Provided To Each Employee Through:



www.berkleynet.com

12701 Marblestone Dr, Ste 250 Woodbridge, Virginia 22192 877-497-2637

Promptly Report all Claims: www.berkleynet.com; Email Claims@berkleynet.com; Fax 866.275.6320; Call 800.435.1127;



EMPLOYER'S REPORT OF WORK-RELATED INJURY/ILLNESS State of New York - Workers' Compensation Board

If one of your employees has a work-related injury or illness, you must complete and file this form **within 10 days** of the injury/illness or be subject to a penalty. For additional information on filing this form please refer to Workers' Compensation Law Section 110 at the end of this form. Type or print neatly.

Sess (if different):	Date of this Report:/
ess (if different):	
ess (if different):	
ess (if different):	
r: ()	
	6. Nature of Business or Industry Code:
umber (if known):	8. NY UI Employer Reg Number:
CARRIER / SELF-INSURED EMI	PLOYER
elf-insured, enter your Board W Numb	ber and skip to Section C.
per: W	2. Carrier/Group Name:
:	Policy Period: From:/ To:/
own, Insurance Agent Name:	5. Phone Number: ()
PERSONAL INFORMATION	
Firet MI	2. Date of Birth:/
SS:	
Number: 5. Cc	ontact Phone Number:()6. Gender:
INJURY OR ILLNESS	
nployee began work on date of injury: _	AM PM 2. Time of injury: AM P
yee given you notice of injury/illness?	☐ Yes ☐ No
/as given to:	orally in writing Date notice provided:/
tach a copy of the employee's writter	n notice and medical notes, and the employer's incident report.
n the employee a Claimant Information F	Packet? Yes No If yes, give date://
injury/illness happen (e.g., 1 Main St., P	Pottersville, at the front door):
on where the employee normally worked	d? Yes No If no, why was the employee there?
pervisor:	8. Did supervisor see injury happen? Yes No Unknow
se see the injury happen? Yes N	No Unknown If yes, give name(s):
pe	ervisor:

	EMPLOYEE'S INJURY OR ILLNESS continued 1. How did the injury/illness occur? (e.g., the employee tripped over a pipe and fell on the floor)
1:	2. Explain fully the nature of the employee's injury/illness; list body parts affected (e.g., twisted left ankle and cut to forehead):
13	3. Was an object (e.g., forklift, hammer, acid) involved in the injury/illness? Yes No If yes, what was it?
1	4. Was the injury the result of the use or operation of a licensed motor vehicle? Yes No
	If yes, employee's vehicle employer's vehicle other vehicle License plate number (if known):
	If employer's vehicle was involved, give name and address of your motor vehicle insurance carrier:
1	5. Did the injury/illness result in the employee's death? Yes No If yes, what was the date of death?// Name and address of the nearest relative:
N	MEDICAL TREATMENT
	1. What was the date of the employee's first treatment?/ None received Unknown 2. Where did the employee receive first medical treatment for this injury/illness? On site Doctor's office Emergency Roor
	☐ Clinic/Hospital/Urgent Care ☐ Hospital Stay over 24 hours ☐ Unknown Who treated the employee and where?
(3. Is the employee still being treated for this injury/illness?
4	4. To your knowledge, did the employee have another work-related injury to the same body part or a similar illness while working for you? Yes No If yes, name the doctor(s) who treated the previous injuries/illnesses (if known):
	RETURN TO WORK
	I. Did the employee stop work because of his/her injury/illness?
2	2. Has the employee returned to work?
	If yes, on what date?/ regular duty limited duty
	3. If the employee has returned to limited duty, what are his/her average gross earnings per week?

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tach	ich job des	scription if	f available.)				
inju	njury or	illness					
] No	No I	f yes, des	scribe:				
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Tue	Гues. 🗌	Wed.	Thurs. [Fri.	☐ Sa	ıt.	Sun.
] Ye	Yes	No					
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Seneca, Steuben, Wayne, Wyoming, Yates)
Syracuse DO - 935 James Street, Syracuse NY 13203 866-802-3730 (for accidents in the following counties: Cayuga, Herkimer, Jefferson, Lewis, Madison, Oneida, Onondaga, Oswego, St. Lawrence)

Oswego, St. Lawrence)

Downstate Centralized Mailing - PO Box 5205, Binghamton NY, 13902-5205 for all DO's in NYC 800-877-1373; in Hempstead 866-805-3630; in Hauppauge 866-681-5354; in Peekskill 866-746-0552 (for accidents in the following counties: Bronx, Kings, Nassau, New York, Orange, Putnam, Queens, Richmond, Rockland, Suffolk, Westchester)

WORKERS' COMPENSATION LAW

Section 13 Treatment and care of injured employees

(a) "The employer shall promptly provide for an injured employee such medical, surgical, optometric or other attendance or treatment, nurse and hospital service, medicine, optometric services, crutches, eye-glasses, false teeth, artificial eyes, orthotics, functional assistive and adaptive devices and apparatus for such period as the nature of injury or the process of recovery may require.****"

Section 13 Injury to employee's prosthesis

(a) "Damage to or loss of a prosthetic device shall be deemed an injury except that no disability benefits shall be payable with respect to such injury under section fifteen of this article.****"

Section 25 Effect of failure to file reports

3. (e) "If the employer or its insurance carrier fails to file a notice or report requested or required by the board or chair or otherwise required within the specified time period or within ten days if no time period is specified, the board may impose a penalty in the amount of fifty dollars.****"

Section 51 Posting of notice regarding compensation

"Every employer who has complied with section fifty of this chapter shall post and maintain in a conspicuous place or places in and about his place or places of business typewritten or printed notices in form prescribed by the chairman, stating the fact that he has complied with all the rules and regulations of the chairman and the board and that he has secured the payment of compensation to his employees and their dependents in accordance with the provisions of this chapter, but failure to post such notice as herein provided shall not in any way affect the exclusiveness of the remedy provided for by section eleven of this chapter.

Section 52 Effect of failure to secure compensation

- 1. (a) "Failure to secure the payment of compensation shall constitute a misdemeanor, punishable by a fine of not less than five hundred nor more than two thousand five hundred dollars or imprisonment for not more than one year, or both.
- (b) Where any person has previously been convicted of a failure to secure the payment of compensation within the preceding five years, upon conviction for a second violation such person shall be fined not less than one thousand nor more than five thousand dollars in addition to any other penalties including fines otherwise provided by law, and upon conviction for a third or subsequent violation such person may be fined up to seven thousand five hundred dollars in addition to any other penalties including fines otherwise provided by law.
- (c) Where the employer is a corporation, the president, secretary and treasurer thereof shall be liable for failure to secure the payment of compensation under this section.****"

Section 110 Record and report of injuries by employers

- 1. An employer, or a third party designated by the employer, shall record any injury or illness incurred by one of its employees in the course of employment using the form prescribed by the chair for reporting injuries under subdivision two of this section. Such form, a copy of which shall be provided to the injured employee upon request, shall be maintained by the employer, or a third party designated by the employer, for at least eighteen years, and shall be subject to review by the chair at any time. Such form need not be filed with the chair unless the status of such injury or illness changes resulting in a loss of time from regular duties or in medical treatment which would require reporting in accordance with subdivision two of this section.
- 2. An employer, or a third party designated by the employer, shall file with the chair of the workers' compensation board and with the carrier if the employer is insured, upon a form prescribed by the chair, a report of any accident resulting in personal injury which has caused or will cause a loss of time from regular duties of one day beyond the working day or shift on which the accident occurred, or which has required or will require medical treatment beyond ordinary first aid or more than two treatments by a person rendering first aid. Such report shall state the name and nature of the business of the employer, the location of its establishment or place of work, the name, address and occupation of the injured employee, the time, nature and cause of the injury and such other information as may be required by the chair. Such report shall be filed within ten days after the occurrence of the accident. An employer shall furnish a report of an occupational disease incurred by an employee in the course of his or her employment, to the chair of the workers' compensation board, and to the carrier if the employer is insured, upon the same form. The carrier, within fourteen days of receipt of the report or accompanying the initial check forwarded to the employee, whichever is earlier, or a self-insured employer, within fourteen days of transmitting the report to the chair or accompanying the initial check forwarded to the employee, whichever is earlier, shall provide the injured employee or, in the case of death, his or her dependents with a written statement of their rights under this chapter, in a form prescribed by the chair. An employer shall file a report of any other accident resulting in personal injury incurred by its employee in the course of employment, upon the same form, whenever directed by the chair.
- 3. Any injury or illness which is not required to be reported in accordance with subdivision two of this section, shall not be used as a basis for determining experience modification rates, provided the employer pays in the first instance or reimburses the employer's insurer for the treatment rendered to the employee.
- 4. An employer who refuses or neglects to make a report or to keep records as required by this section shall be guilty of a misdemeanor, punishable by a fine of not more than one thousand dollars. The board or chair may impose a penalty of not more than two thousand five hundred dollars upon an employer who refuses or neglects to make such report.
 - 5. The chair shall be authorized to promulgate regulations necessary to carry out the provisions of this section.

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Instructions for Completing Form C-2, "Employer's Report of Work-Related Injury/Illness"

Please complete this form and send it directly to your local Workers' Compensation Board district office (DO). The addresses are listed at the bottom of page 3. Also send a copy of the form to your insurance carrier. If you need additional help in completing this form, you may contact the Workers' Compensation Board at 1-877-632-4996 or visit http://www.wcb.state.ny.us/.

If you do not have or know your Workers' Compensation Board Case Number, please leave this field blank. It is not required to process the form. Fill out the Date of Injury/Illness, to the best of your knowledge, and the Date of this Report at the top of page 1. Remember to enter in the name of the injured employee and the date of injury/illness on the top of page 2 and page 3.

Section A - Employer Information:

- **Item 1:** Indicate the name of the company or the owner's name and DBA name.
- **Item 2:** Enter the employer's Federal Employer Identification Number (FEIN). This is your Federal Tax ID number. If you do not have a FEIN, enter your Social Security Number.
- Item 3: Enter the employer's main address where you receive mail (such as a central office). Include P.O. Boxes.
- **Item 4:** Enter the physical address of the employer (if different).
- **Item 5:** Enter the primary contact phone number for the employer, including area code.
- **Item 6:** Indicate the North American Industry Classification System (NAICS) or Standard Industrial Classification (SIC) Code for your business. If you do not know your NAICS or SIC Code, please indicate the type or nature of business as accurately as possible (e.g., Restaurant, Construction, Retail).
- Item 7: Enter the OSHA Case Number, if known.
- **Item 8:** Enter the first 7 digits of your New York Unemployment Insurance (NY UI) Registration Number (UIER). This is the number used to report to the Department of Labor.

Section B - Insurance Carrier / Self-Insured Employer:

- Item 1: Indicate the Carrier Code Number (W Number) issued by the Workers' Compensation Board. If you do not know the W number, contact your insurance carrier. If you are self-insured, only enter your Carrier Code Number (W Number) and skip to Section C.
- **Item 2:** Enter the name of the employer's Workers' Compensation Insurance Carrier or Group Name. If you do not know your insurance carrier, please indicate the employer's Insurance Agent Name for item 4 and the Agent's contact phone number for item 5.
- **Item 3:** Enter your Workers' Compensation Insurance Policy Number and indicate the policy effective period for coverage at the time of the injury or illness.
- **Item 4:** Insurance Agent Name if the carrier is unknown.
- **Item 5:** Insurance Agent phone number, including the area code.

Section C - Employee's Personal Information:

- **Item 1:** Indicate the injured employee's full legal name.
- **Item 2:** Enter the employee's date of birth.
- **Item 3:** Enter the employee's mailing address, including street number, P.O. Box (if applicable), Town or City, State, and Zip Code.
- **Item 4:** Indicate the employee's Social Security Number (SSN).
- **Item 5:** Enter a contact phone number for the employee, either a home phone number or a cell phone number, including the area code.
- Item 6: Indicate his/her gender.

Section D - Employee's Injury or Illness:

If this is an illness or occupational disease and an exact date of illness cannot be determined, then skip items 1 and 2.

- **Item 1:** Indicate the time of day when the employee began work on the day the injury occurred.
- **Item 2:** Enter the time when the injury occurred.
- Item 3: Check whether the employee has given notice of his/her injury or illness to the employer. If so, enter the date notice was given and if it was orally or in writing. If written notice was given, please attach a copy of the employee's notice as well as any medical notes you may have received. Also attach the [supervisor's] incident report, if available.
- **Item 4:** Check whether you gave the employee a Claimant Information Packet and if so, when.
- **Item 5:** Indicate the location where the injury/illness occurred, including the address of the building and the physical location in the building where the injury/illness happened.
- **Item 6:** Check if this was the employee's normal work location. If it was not, explain why the employee was at this location.
- **Item 7:** Enter the name of the employee's direct supervisor.
- **Item 8:** Indicate whether the supervisor was a witness to the injury/illness.
- **Item 9:** Check if anyone else witnessed the injury/illness and if so, list their name(s).

Section D - Employee's Injury or Illness (cont.):

- **Item 10:** Describe in detail what the employee was doing at the time of the injury/illness (e.g., unloading boxes from a truck by hand). This explains the events leading up to the injury.
- **Item 11:** Describe in detail how the injury/illness occurred (e.g., the employee was lifting a heavy box off a truck). This should include all people and events involved in the injury/illness.
- **Item 12:** Indicate fully the nature and extent of the employee's injury/illness, including all body parts injured. Be as specific as possible (e.g., lumbar gluteal muscle strain resulting from sudden straining).
- Item 13: Indicate if some object was involved in the accident OTHER THAN a licensed motor vehicle. Other objects may include a tool (e.g., hammer), a chemical (e.g., acid), machinery (e.g., forklift or drill press), etc.
- **Item 14:** Indicate if a licensed motor vehicle was involved in the accident. If so, check if the motor vehicle involved was the employee's, the employer's, or that of a third party and include the license plate number (if known). If the employer's vehicle was involved, fill out the automobile liability insurance carrier for the vehicle and their address.
- **Item 15:** Check if the injury/illness resulted in the death of the employee and if so, indicate the date of death and the nearest relative of the deceased (if known).

Section E - Medical Treatment:

- **Item 1:** If the employee did not receive medical treatment for this injury/illness, check None Received and skip to item 4. Otherwise, enter the date the employee first started treatment for this injury/illness, or check Unknown if you do not know, and complete the rest of this section.
- Item 2: Check the location where initial medical treatment was administered for this injury/illness and whom was responsible for treatment/care of the employee (e.g., Physician, Nurse, EMT, etc.). Include the name of the person and the facility.
- **Item 3:** If the employee is still receiving ongoing treatment for the same injury/illness, check Yes and indicate the name and address of the physician providing treatment; otherwise check No or Unknown.
- **Item 4:** If the employee had a similar work-related injury to the same body part or a similar work-related illness while working for the same employer, check Yes and if known, indicate the name and address of the physician whom provided care; otherwise check No.

Section F - Return To Work:

- **Item 1:** If the employee has stopped working as a result of the work-related injury/illness, check Yes and indicate on what date he/she stopped working.
- Item 2: If the employee has since returned to work, check Yes. Also indicate on what date the employee started working again, as well as if the employee has returned to his/her Normal Duties or if the employee is on Limited or Restricted Duty. (If the employee has not returned to his/her full pre-injury or illness work duties, then the employee is on Limited Duty).
- **Item 3:** If the employee has returned to work on Limited Duty, enter in his/her average gross earnings per week.

Section G - Employee's Work Information:

- **Item 1:** Indicate the date the employee was hired by the employer.
- **Item 2:** Enter the employee's current job title.
- **Item 3:** Describe the employee's typical work activities or enter the employee's job description. If you need more space, you may attach an official job description or additional pages to completely and accurately describe the employee's work activities.

Section H - Employee's Payroll Information:

- **Item 1:** Enter the employee's average gross weekly pay before the injury/illness.
- **Item 2:** Check if the employee received any tips or lodging in addition to his/her regular pay and if so, describe them.
- **Item 3:** Check the type of job the employee had.
- **Item 4:** Check which days of the week the employee usually worked. If the employee did not work a standard work week, please explain in Section I or attach an additional page or work schedule in order to fully explain.
- Item 5: Check if the employee was paid for a full day's work on the day of the injury/illness.
- Item 6: Indicate if the employee continued to receive pay after the illness/injury, such as sick leave or disability pay.

Section I - Additional Information:

Enter any additional information that may be relevant to the employee's work-related injury/illness in this section. You can also use this area to further explain other items in this form, such as G-3 or H-4.

Sign Form C-2 on the last page. If the form was filled out by a third-party on behalf of the employer, that person should sign on the second signature line.

State of New York WORKERS' COMPENSATION BOARD

Notice of Right to Select a Workers' Compensation Board Authorized Health Care Provider

Injured Employee's Name	Injured Employee's Social Security No.	Date of Accident
Employer's Name and Address		
To the Injured Employee: For the treatment of your work-relate chiropractor, or psychologist (upon Compensation Board authorized and While you may choose to utilize a new or its workers' compensation insurant your behalf, you may, at any time, workers' compensation claim for ben	referral from an authorized physwho is accepting workers' compensetwork or provider which is recommade carrier or to permit your employed change your health care provider where the care provider whe	sician) who is Workers' sation patients. The ended by your employer er to select a provider on
Signature of Injured Employee Da	ate Signature of Witne	ess Date
Please note: It is not necessary participating in a certified preferred Workers' Compensation Law, or (ii) pilot program under section 25(2-c)	provider organization (PPO) under participating in the alternative dis	er Article 10-A of the pute resolution (ADR)

To the Employer:

providers designated by your employer.

The employer shall provide the above-named injured employee with a copy of this signed form and shall maintain the original form in the employer's records where it may be inspected by the Workers' Compensation Board at any time. This form shall not be submitted to the Workers' Compensation Board nor shall it be executed prior to the occurrence of this employee's work-related injury or illness.

these statutory programs, except in emergency situations, you must obtain at least initial treatment for any workers' compensation injury or illness from the certified network(s) or

The Workers' Compensation Board employs and serves people with disabilities without discrimination.

Estado de Nueva York JUNTA DE COMPENSACIÓN OBRERA

Aviso de Aceptación de Uso de Proveedor de Servicios o Red de Salud Recomendado por Patrono o Compañía de Seguros

Nombre Empleado Lesionado	Seguro Social Empleado Lesionado	Día de Accidente
Nombre y Dirección del Patrono		
Al Empleado Lesionado:		
cualquier médico, podiatra, quiropi	enfermedad relacionada con su trab ráctico o sicólogo (con referido de u ue esté aceptando pacientes de la	ın médico autorizado) que
Proveedores que sean recomenda	de consentimiento si decide esc dos por su patrono o por el seguro nombre. Usted puede, en cualqui compensación obrera.	ó permitir que su patrono
Firma Empleado Lesionado	Fecha Firma Testigo	Fecha

Nota: No es necesario que usted firme este documento, si su patrono (1) participa en la organización certificada de proveedor preferido (PPO) acuerdo bajo el Artículo 10 A de la ley de Compensación Obrera, o (2) participa en el programa piloto de de resolución de alternativas de disputa (ADR) bajo la sección 25(2-C) de la ley de Compensación Obrera. De acuerdo con estos programas establecidos por ley, excepto en situaciones de emergencia, usted deberá al menos inicialmente, recibir tratamiento por lesiones o enfermedad en el trabajo, de una red certificada o de un proveedor designado por su patrono.

Al Patrono:

El patrono deberá proveer al empleado lesionado antes mencionado con una copia de esta forma firmada y deberá conservar el original en los records del empleado, donde pueda ser inspeccionada por la Junta de Compensación Obrera en cualquier momento. Esta forma no deberá ser sometida a la Junta de Compensación Obrera, ni deberá ser procesada con anterioridad a la lesión o enfermedad del empleado.

La Junta de Compensación Obrera emplea y sirve a personas con impedimentos sin discriminar.



STATE OF NEW YORK WORKERS' COMPENSATION BOARD 100 BROADWAY-MENANDS ALBANY, NY 12241 (877) 632-4996



You were injured at work. What now?

The New York State Workers' Compensation Board has received notice you suffered a workplace injury or illness, so we're preparing a workers' compensation case in your name. You may have already received medical treatment. If you haven't, you should seek medical care as soon as possible.

A Worker's Responsibilities

- You must tell your employer, in writing, when, where and how you were injured. Do this within 30 days of injury.
- Medical reports are necessary for your case. Advise your doctors that you have a work-related injury, and give the name of your employer. Do not pay for your care yourself or use other health insurance. Tell your doctor to file reports with the Board and with your employer or its insurance carrier. If your case is disputed, the Board needs a medical report on your injury to begin resolving your claim.

Starting a Case

Once your employer knows of your injury, it must notify this Board by filing a C-2 form. You should file an employee claim (C-3 form) reporting your injury as soon as possible. (You **must** notify the Board of your injury or illness within two years.) If you injured the same body part before, or had a similar illness, you must also file a Form C-3.3.

If you haven't already filed a C-3 or C-3.3 (if necessary), there are three ways to do it.

- Visit www.wcb.state.ny.us/content/main/onthejob/howto.jsp to complete the form.
- Complete the enclosed paper forms, and mail them to the Board.
- Call 1-866-396-8314. A Board employee will complete the form with you.

Health Care Bills

Do not pay your doctor or hospital. Those bills are paid by the insurer unless the Board disallows your case. If your case is disputed, the providers are paid when the Board decides your case. If the Board decides against you, or if *you don't pursue a case*, *you will have to pay the doctor or hospital*.

Your employer's insurance covers medically necessary drugs and equipment your doctor prescribes. You're also entitled to carfare or necessary expenses incurred when traveling for treatment. (Get receipts for those expenses.)

Generally, you can choose any doctor authorized by the Board. You can also use occupational health clinics. However, if your employer's insurer has a preferred provider organization to provide care for workers' compensation injuries, you must get your initial treatment from those providers. If that insurer also has a pharmacy or diagnostic network, you must get service within these networks. If the carrier uses these networks, it must also tell you its service providers and how to use them.

Benefits for Lost Wages

You are entitled to a portion of your lost wages if your injury affects you in one or more ways:

- 1. It keeps you from work for more than seven days;
- 2. Part of your body is permanently disabled;
- 3. Your pay is reduced because you now work fewer hours or do other work.

An employer or insurer can accept your claim and begin paying your lost wage benefit promptly. Sometimes, employers and carriers dispute a claim. When that occurs, the Board strives to resolve most cases within 90 days.

You may hire an attorney or licensed representative, who can be helpful with complex or disputed claims, but it isn't required. The Board sets their fees and they will be deducted from your lost wages award. You or your family should not pay anything directly to your attorney or licensed representative.

If your case is disputed, you may receive disability benefits while the case is heard. You'd pay them back out of your lost wages award. To get a DB-450 form, visit www.wcb.state.ny.us/content/main/forms/db450.pdf or a Board office, or call (800) 353-3092.

Help is Available

People sometimes need help getting back to work. Your employer may have a *return to work* program that can get you back to work in light duty or an alternative position while you heal. An injury can also cause family or financial problems. The Workers' Compensation Board has rehabilitation counselors and social workers to help. Call (877) 632-4996 for more assistance.

What's Next?

Your employer or its insurance carrier will contact you if your claim is accepted. When that happens, your treatment will be paid and lost wage benefits begin. If your case is challenged, the Board will notify you about resolving the case. If more information is necessary, the Board will contact you and tell you how to file it.

Important Contact Information

Workers' Compensation Board	(877)632-4996	General_Information@wcb.state.ny.us
Disability Benefits	(800)353-3092	www.WCB.State.NY.US
NYS Bar Association Lawyer	(800)342-3661	lr@nysba.org.
Referral and Information Service		



Employee Claim

State of New York - Workers' Compensation Board

Fill out this form to apply for workers' compensation benefits because of a work injury or work-related illness. Type or print neatly. This form may also be filled out on-line at www.wcb.state.ny.us.

		er (if you know it):							
A.		RMATION (Employ		Last	2. Date of Birth:/	/			
		First TESS:Number ar							
	4. Social Secu	Number ar	d Street/PO Box - 5. P	City Phone Number: ()	State Zip Code 6. Gender: Male	☐ Female			
B.	YOUR EMP	LOYER(S)							
	1. Employer wl	hen injured:			2. Phone Number: ()				
	3. Your work a	address:	Number and Street	City	State	Zip Code			
	4. Date you we	ere hired://_	5. Your supe	rvisor's name:					
C.	,	e time from work at the of on the date of the i		s a result of your injury/illness	? ∐Yes ∐No				
Ο.			•						
	•								
	31	,							
	3. Was your jo	ob? (check one)	Full Time	t Time	☐ Volunteer ☐ Other:				
	4. What was v				How often were you paid?				
	-				escribe:				
	0. 2.u jeu . ee.	on o roughing or apo in au-		_ 103	3011801				
D.	YOUR INJU	IRY OR ILLNESS							
	1. Date of injur	. Date of injury or date of onset of illness:/							
	3. Where did th	he injury/illness happen?	(e.g., 1 Main Street, I	Pottersville, at the front door).					
	4 Was this you	ur usual work location?	□Ves □ No	If no, why were you at this I	ocation?				
	4. Was this you	ur usuar work location:		ii no, wiiy were you at tiiis i	ocation:				
	E What ware a	you doing whon you wor	injured or become ill	2 (o.g. unloading a truck two	ing a report)				
	5. What were y	you doing when you were	e injured or became in	! (e.g., unloading a fluck, typ	ing a report)				
	6. How did the injury/illness happen? (e.g., I tripped over a pipe and fell on the floor)								
	7. Explain fully	the nature of your injury	/illness; list body parts	s affected (e.g., twisted left ar	nkle and cut to forehead):				

DATE OF INJURY/ILLNESS:/
nued
) involved in the injury/illness?
eration of a licensed motor vehicle?
er's vehicle
nd address of your motor vehicle insurance carrier:
isor) notice of injury/illness?
Yes No Unknown If yes, list names:
Tes — No — onknown in yes, list flames
illness? Yes, on what date?/ No, skip to Section F.
□ No If yes, on what date?// □ regular duty □ limited duty
working for now? Same employer New employer Self employed
pay period? How often are you paid?
INJURY OR ILLNESS
None received (skip to question F-5)
edical treatment for your injury/illness?
Clinic/Hospital/Urgent Care Hospital Stay over 24 hours
treated:
Phone Number: ()
ness?
s) treating you for this injury/illness:
Phone Number: ()
the same body part or a similar illness?
$\exists \gamma_{es} \Box N_0$ If yes, provide the names and addresses of the doctor(s) who treated
C-3.3 TOGETHER WITH THIS FORM:
ed? Yes No
ployer that you work for now? Yes No he Workers' Compensation Law. My signature affirms that the information I am providing is truelief.
elliet. T.O.DEEDALID procents, causes to be procented, or propages with knowledge or belief that it
T TO DEFRAUD presents, causes to be presented, or prepares with knowledge or belief that it self-insurer, any information containing any FALSE MATERIAL STATEMENT or conceals any E and subject to substantial FINES AND IMPRISONMENT.
Print Name: Date:/
Print Name: Date: / if he or she is legally authorized to do so and the employee is a minor, mentally incompetent or incapacitated
in the of the 13 legally authorized to do to and the employee 13 a million, memany incompetent of incapacitated
I belief, formed after an inquiry reasonable under the circumstances, that the allegations and other fare likely to have evidentiary support after a reasonable opportunity for further investigations or discovery
d belief, formed after an inquiry reasonable under the circumstances, that the allegations and other fa re likely to have evidentiary support after a reasonable opportunity for further investigations or discovery
d belief, formed after an inquiry reasonable under the circumstances, that the allegations and other far re likely to have evidentiary support after a reasonable opportunity for further investigations or discovery



Limited Release of Health Information (HIPAA)

C-3.3

State of New York - Workers' Compensation Board

WCB Case No.	(if y	you know it	:
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To Claimant: If you received treatment for a *previous* injury to the same body part or for an illness similar to the one described in your current Claim, fill out this form. This form allows the health care providers you list below to release health care information about your previous injury/illness to your employer's workers' compensation insurer. The federal HIPAA law (Health Insurance Portability and Accountability Act of 1996) says you have a right to get a copy of this form. If you do not understand this form, talk to your legal representative. If you do not have a legal representative, the Advocate for Injured Workers at the Workers' Compensation Board can help you. Call: 800-580-6665.

To Health Care Provider: A **copy** of this HIPAA-compliant release allows you to disclose health information. If you send records to the employer's workers' compensation insurer in response to this release, also mail copies to the Claimant's legal representative. (If no legal representative is listed below, send copies to the Claimant.) Health care providers who release records must follow New York state law and HIPAA.

This release is:

- Voluntary. Your health care provider(s) must give you the same care, payment terms, and benefits, whether you sign this form or not.
- Limited. It gives your health care provider(s) permission to release only those health records that are related to the previous illness/condition you describe below.
- Temporary. It ends when your current claim for compensation is established or disallowed and all appeals are exhausted.
- Revocable. You can cancel this release at any time. To cancel, send a letter
 to the health care provider(s) listed on this form. Also, send a copy of your
 letter to your employer's workers' compensation insurer and the Workers'
 Compensation Board. Note: You may not cancel this release with respect to
 medical records already provided.
- For records only. It gives your health care provider(s) listed on this form
 permission to send copies of your health care records to your employer's
 workers' compensation insurer.

This form does NOT allow your health care provider(s) to release the following types of information:

- HIV-related information
- Psychotherapy notes
- Alcohol/Drug treatment
- Mental Health treatment (unless you check below)
- Verbal information (your health care providers may not discuss your health care information with anyone)

Any medical records released will become part of your workers' compensation file and are confidential under the Workers' Compensation Law.

٩.	YOUR INFORMATION (Claimant)	
	1. Name:	2. Social Security Number:
	3. Mailing Address:	
	4. Date of Birth:/ 5. Date of the current injury/illness:	
	6. Current injury/illness, including all body parts injured:	
	7. Your legal representative's name and address (if any):	
	Check here if you allow your health care provider(s) to release mental health ca	re information.
В.	YOUR HEALTH CARE PROVIDER(S) (List all health care providers who treated illness. If more than 2 providers attach their contact information to this form.)	d you for a previous injury to the same body part or similar
	1. Provider:	2. Phone Number: ()
	3. Mailing Address:	
	4. Other provider (if any):	5. Phone Number: ()
	6. Mailing Address:	

6. READ AND SIGN BELOW. I hereby request that the	nealth care provider(s) listed above give my employers v	orkers compensation
insurer copies of all health records related to any previous in	njury/illness, to all body parts, described above.	

Claimant's signature (ink only use blue ballpoint pen, if possible.)	Date

Relationship to Claimant

If the claimant is unable to sign, the person signing on his/her behalf must fill out and sign below:

Signature (ink only -- use blue ballpoint pen, if possible.)

Versión en español al reverso de la forma.

Your name

Date



Divulgación limitada de información sobre la salud

C-3.3

Estado de Nueva York - Junta de Compensación Obrera (WCB)

WCB Case No. (if you know it) (Número de caso WCB [si lo sabe])

Al reclamante: Si usted recibió tratamiento por una lesión anterior en la misma parte del cuerpo o por una enfermedad similar a la que motiva ahora su reclamación, complete este formulario. Este formulario les permite a los proveedores de salud que usted señala a continuación divulgar a la compañía de seguros de compensación obrera de su empleador la información sobre su salud relacionada con su lesión/enfermedad anterior. La Ley federal HIPAA (Ley de portabilidad y responsabilidad del seguro de salud de 1996) establece que usted tiene derecho a recibir una copia de este formulario. Si no comprende este formulario, hable con su representante legal. Si no tiene un representante legal, el Representante de los obreros lesionados de la Junta de Compensación Obrera puede ayudarlo. Llame al 800-580-6665.

Al proveedor de salud: Una copia de esta divulgación, redactada según lo que establece la ley HIPAA, le permite divulgar información sobre la salud. Si envía los registros al asegurador de compensación obrera del empleador en respuesta a la presente divulgación, también debe enviar por correo copias al representante legal del reclamante. (Si a continuación no se especifica un representante legal, envíe las copias al reclamante). Los proveedores de salud que divulgan los registros deben cumplir con las leves del estado de Nueva York y la HIPAA.

Esta divulgación es:

- Voluntaria. Su(s) proveedor(es) de salud deben otorgarle la misma atención, condiciones de pago y beneficios, independientemente de que usted firme este formulario o no.
- Limitada. Le otorga a su(s) proveedor(es) de salud permiso para divulgar únicamente los registros médicos que se relacionen con la enfermedad/ afección anterior que usted describe a continuación.
- **Temporal.** Termina cuando se otorgue o desestime su actual reclamación de compensación y se hayan agotado todas las apelaciones.
- Revocable. Usted puede cancelar esta divulgación en cualquier momento. Para hacerlo, envíe una carta al (a los) proveedor(es) de salud que se indican en este formulario. Además, envíe una copia de su carta a la compañía de seguros de compensación obrera de su empleador y a la Junta de Compensación Obrera. Nota: No podrá cancelar esta divulgación en lo que se refiere a registros médicos que ya se hayan provisto.
- Solamente para registros. Le otorga a su(s) proveedor(es) de salud que se indica(n) en este formulario permiso para enviar copias de sus registros de salud a la compañía de seguros de compensación obrera de su empleador.

Este formulario NO autoriza a su(s) proveedor(es) de salud a divulgar los siguientes tipos de información:

- Información relacionada con el VIH
- Notas de terapia psicológica
- Tratamientos por abuso de alcohol o drogas
- Tratamiento de salud mental (a menos que usted lo indique a continuación)
- Información verbal (sus doctores no pueden hablar con nadie sobre su información de salud)

Los registros médicos divulgados se incorporarán a su expediente de compensación obrera y son confidenciales conforme a la Ley de compensación obrera.

CONTESTA LAS SIGUIENTES PREGUNTAS, EN INGLÉS SI ES POSIBLE, EN LOS ESPACIOS PROVISTOS Y FIRMA AL FRENTE DE LA FORMA.

A. YOUR INFORMATION (Claimant) INFORMACIÓN PERSONAL (Reclamante)

1. Name (Nombre)

- 2. Social Security Number (Número de seguro social)
- 3. Mailing Address (Dirección postal)
- 4. Date of Birth (Fecha de nacimiento)
- 5. Date of the current injury/illness (Fecha de la lesión/enfermedad actual)
- 6. Current injury/illness, including all body parts injured (Descripción de la lesión/enfermedad actual, incluyendo todas las partes del cuerpo lesionadas)
- 7. Your legal representative's name and address (if any) (Nombre y dirección de su representante legal [si corresponde])

 Check here if you allow your health provider(s) to release mental health care information. (Marque aquí si autoriza a su(s) proveedor(es) de salud a divulgar información sobre tratamientos de salud mental.)
- B. YOUR HEALTH CARE PROVIDERS (List all health care providers who treated you for a *previous* injury to the same body part or similar illness. If more than 2 providers, attach their contact information to this form.

SU(S) PROVEEDOR(ES) DE SALUD (Enumere todos los proveedores de salud que le han tratado por lesiones previas a las mismas areas del cuerpo ó por enfermedades semejantes. Si son más de 2 proveedores, adjunte su información de contacto a este formulario.)

- 1. Provider (Proveedor de salud)
- 2. Phone Number (No de teléfono)
- 3. Mailing Address (Dirección postal)
- 4. Other provider (if any) (Otro proveedor [si corresponde])
- 5. Phone Number (Nº de teléfono)

- Mailing Adress (Dirección postal)
- C. READ AND SIGN BELOW I hereby request that the health care provider(s) listed above give my employer's workers' compensation insurer copies of all health records related to any previous injury/illness, to all body parts, described above. LEA Y FIRME A CONTINUACIÓN. Por la presente solicito que los proveedores de salud aquí enumerados le provean al asegurador de compensación obrera de mi patrono copias de todos los records médicos relacionados a cualquier lesión/enfermedad aquí enumeradas.

If the claimant is unable to sign, the person signing on his/her behalf must fill out and sign below: (Si el reclamante no puede firmar, la persona que firme el formulario en su nombre y representación debe llenar y firmar a continuación)

Your name (Su nombre) Relationship to Claimant (Relación con el reclamante) Signature(Firma) Date(Fecha)

C-3.3 (12-09) www.wcb.state.ny.us

Instructions for Completing Form C-3, "Employee Claim"

Please complete this form and send it to your local Workers' Compensation Board district office (DO) to apply for workers' compensation benefits. The addresses are listed at the bottom of these instructions. If you need additional help in completing this form, contact the Workers' Compensation Board at 1-877-632-4996. You may also fill this form out online at: http://www.wcb.state.ny.us/

If you do not have or know your Workers' Compensation Board Case Number, please leave this field blank. It is not required to process your claim. Remember to enter your name and the date of your injury/illness on the top of page two.

Section A - Your Information (Employee):

- Item 1: Enter your full name, including first name, middle initial, and last name.
- **Item 2:** Enter your date of birth in month/day/year format. Include the four digit year.
- Item 3: Enter your mailing address, including P.O. Box, if applicable, city or town, state, and Zip code.
- Item 4: Enter your Social Security Number. This is very important to help service your claim faster.
- Item 5: Indicate the primary contact phone number, including area code. This may include a cell phone number.
- **Item 6:** Indicate your gender (Male or Female).
- Item 7: Check Yes if you can speak and understand English. If not, then check No and indicate which language you speak.

Section B - Your Employer(s):

- Item 1: Indicate the employer you were working for at the time you were injured or became ill.
- Item 2: Enter the phone number for this employer, either a primary contact number or the number for your supervisor.
- Item 3: Enter the employer's address, including P.O. Box, if applicable, city or town, state, and Zip code.
- Item 4: Indicate the date you were hired by this employer.
- **Item 5:** Enter your direct supervisor's name, whom you report to on a regular basis.
- **Item 6:** If you have more than one job, please indicate the names and addresses of all other employers you work for besides the one you were injured at. Please attach a separate sheet if you need more room.
- Item 7: Check Yes if you lost time from any of your other jobs as a result of your injury or illness; otherwise, check No.

Section C - Your Job on the Date of the Injury or Illness:

- Item 1: Indicate your current job title or job description (e.g., warehouse worker).
- Item 2: Indicate your typical work activities for this job (e.g., keeping inventory, unloading trucks, etc.).
- **Item 3:** Check the type of job you had.
- **Item 4:** Enter your gross pay (before taxes) per pay period.
- **Item 5:** Indicate how often you received a paycheck (weekly, bi-weekly, etc.).
- Item 6: Indicate if you received any tips or lodging in addition to your regular pay. If you did, describe them.

Section D - Your Injury or Illness:

- **Item 1:** Enter the date when you were injured or the first date you noticed you became ill. Enter the date in month/day/year format. Include the four digit year. If this is an illness or occupational disease, then skip item 2.
- **Item 2:** Enter the time when the injury occurred. Check whether it was AM or PM.
- **Item 3:** Indicate the location where the injury/illness occurred, including the address of the building and the physical location in the building where the injury/illness happened.
- Item 4: Check whether this was your normal work location. If it was not, explain why you were at this location.
- **Item 5:** Describe in detail what you were doing at the time of the injury/illness (e.g., unloading boxes from a truck by hand). This explains the events leading up to the injury.
- **Item 6:** Describe in detail how the injury/illness occurred (e.g., I was lifting a heavy box off a truck). This should include all people and events involved in the injury/illness.
- **Item 7:** Indicate fully the nature and extent of your injury/illness, including all body parts injured. Be as specific as possible. (e.g., I strained my back trying to lift a heavy box. It hurts to bend over or hold even lighter objects now.)
- **Item 8:** Indicate if some object was involved in the accident OTHER THAN a licensed motor vehicle. Other objects may include a tool (e.g., hammer), a chemical (e.g., acid), machinery (e.g., forklift or drill press), etc.
- **Item 9:** Indicate if a licensed motor vehicle was involved in the accident. If so, check if the motor vehicle involved was yours, your employer's, or a third party's. Include the license plate number (if known). If your vehicle was involved, fill out the name and address of your automobile liability insurance carrier.
- **Item 10:** Check if you gave your employer or supervisor notice of your injury or illness. If so, indicate who you gave notice to as well as if it was orally or in writing. Include the date you gave notice.
- Item 11: Check if anyone else saw the injury happen. If anyone did see it, include their name(s).

Section E - Return to Work:

Item 1: If you stopped working as a result of your work-related injury/illness, check Yes and indicate on what date you stopped working. If you have not stopped working, check No and skip to the next section.

Section E - Return to Work (cont):

Item 2: If you have since returned to work, check Yes. Also indicate on what date you started working again, as well as if you have returned to your Normal Duties or if you are on Limited or Restricted Duty. (If you have not returned to your full pre-injury or illness work duties, then you are on Limited Duty.) **Item 3:** If you have returned to work, indicate who you are working for now.

Item 4: Enter your gross pay (before tax pay) per pay period for the job you are working at now. Indicate how often you are receiving a paycheck (weekly, bi-weekly, etc.).

Section F - Medical Treatment for This Injury or Illness:

Item 1: If you did not receive medical treatment for this injury/illness, check None Received and skip to item 5. Otherwise, enter the date you first received treatment for this injury/illness and complete the rest of this section.

Item 2: Check if you were first treated on the job for this injury or illness.

- **Item 3:** Check the location where you first received off site medical treatment for your injury or illness. Include the name and address of the facility as well as the phone number (including area code).
- Item 4: If you are still receiving ongoing treatment for the same injury or illness, check Yes and indicate the name and address of the doctor(s) providing treatment as well as the phone number (including area code); otherwise check No.
- Item 5: If you believe you already had an injury to the same body part or a similar illness, check Yes and indicate if you were treated by a doctor for this injury or illness. If you were treated by a doctor, indicate the name(s) and address(es) of the doctor(s) whom provided care and complete and file Form C-3.3 together with this form.
- Item 6: If you had a previous injury or illness, check if your previous injury or illness was work-related. If Yes, check if the injury or illness happened while working for your current employer.

Sign Form C-3 in the place provided for "Employee's Signature on page 2, print your name, and enter the date you signed the form. If a third-party is signing on behalf of the employee, that person should sign on the second signature line. If you have legal representation, your representative **must** complete and sign the attorney/representative's certification section on the bottom of page 2.

What Every Worker Should Do in Case of On-The-Job Injury or Occupational Disease:

- Immediately tell your employer or supervisor when, where and how you were injured.
- Secure medical care immediately.

3. Tell your doctor to file medical reports with the Board and with your employer or its insurance carrier.

Make out this claim for compensation and send it to the nearest Workers' Compensation Board Office. (See below.) Failure to file within two years after the date of injury may result in your claim being denied. If you need help in completing this form, telephone or visit the nearest Workers' Compensation Board Office listed below.

Go to all hearings when notified to appear.

Go back to work as soon as you are able; compensation is never as high as your wage.

Your Rights:

- Generally, you are entitled to be treated by a doctor of your choice, provided he/she is authorized by the Board. If your employer is involved in a preferred provider organization (PPO) arrangement, you must obtain initial treatment from the preferred provider organization which has been designated to provide health care services for workers' compensation injuries.
- DO NOT pay your doctor or hospital. Their bills will be paid by the insurance carrier if your case is not disputed. If your case is
 - the doctor or hospital must wait for payment until the Board decides your case. In the event you fail to prosecute your case or the Board decides against you, you will have to pay the doctor or hospital.
- You are also entitled to be reimbursed for drugs, crutches, or any apparatus properly prescribed by your doctor and for carfares or other necessary expenses going to and from your doctor's office or the hospital. (Get receipts for such expenses.)
- You are entitled to compensation if your injury keeps you from work for more than seven days, compels you to work at lower wages, or results in permanent disability to any part of your body.

Compensation is payable directly and without waiting for an award, except when the claim is disputed.

- Injured workers or dependents of deceased workers may represent themselves in matters before the Board or may retain an attorney or licensed representative to represent them. If an attorney or licensed representative is retained, his/her fee for legal services will be reviewed by the Board and if approved will be paid by the employer or insurance company out of any compensation benefits due. Injured workers or dependents of deceased workers should not directly pay anything to the attorney or licensed representative representing them in a compensation case.
- If you need help returning to work, or with family or financial problems because of your injury, contact the Workers' Compensation Board office nearest you and ask for a rehabilitation counselor or social worker.

This form should be filed by sending directly to the appropriate WCB district office (DO) at the address listed below:

Albany DO - 100 Broadway-Menands, Albany NY 12241 (866) 750-5157 (for accidents in the following counties: Albany, Clinton, Columbia, Dutchess, Essex, Franklin, Fulton, Greene, Hamilton, Montgomery, Rensselaer, Saratoga, Schenectady, Schoharie, Ulster, Warren, Washington) Binghamton DO - State Office Building, 44 Hawley Street, Binghamton NY13901 (866) 802-3604 (for accidents in the following counties: Broome, Chemung, Chenango, Cortland, Delaware, Otsego, Schuyler, Sullivan, Tioga, Tompkins)

Buffalo DO - 369 Franklin Street, Buffalo NY 14202 (866) 211-0645 (for accidents in the following counties: Cattaraugus, Chautauqua, Erie, Niagara) Rochester DO - 130 Main Street West, Rochester NY 14614 (866) 211-0644 (for accidents in the following counties: Allegany, Genesee, Livingston, Monroe, Ontario, Orleans, Seneca, Steuben, Wayne, Wyoming, Yates)

Syracuse DO - 935 James Street, Syracuse NY 13203 (866) 802-3730 (for accidents in the following counties: Cayuga, Herkimer, Jefferson, Lewis, Madison, Oneida, Onondaga, Oswego, St. Lawrence)

Downstate Centralized Mailing - PO Box 5205, Binghamton NY, 13902-5205 for all DO's in NYC (800) 877-1373; in Hempstead (866) 805-3630; in Hauppauge (866) 681-5354; in Peekskill (866) 746-0552 (for accidents in the following counties: Bronx, Kings, Nassau, New York, Orange, Putnam, Queens, Richmond, Rockland, Suffolk, Westchester)

STATEWIDE FAX LINE: 877-533-0337 C-3.0 (8-09)

WORKERS' COMPENSATION BOARD Robert E. Beloten, Chair

STATEMENT OF RIGHTS

TO ALL WORKERS WHO ARE INJURED WHILE WORKING OR WHO SUFFER FROM AN OCCUPATIONAL DISEASE YOU MAY BE ENTITLED TO WORKERS' COMPENSATION BENEFITS

- 1. You should file a claim for benefits within two years of the date you are injured, unless your injury is very minor, requiring no medical treatment and causing no lost time from work. If you do not file within two years your right to benefits may be lost. Obtain and file a claim form (Form C-3, or VF-3 for volunteer firefighters, or VAW-3 for volunteer ambulance workers) with the nearest Workers' Compensation Board office (see addresses below).
- 2. You may be entitled to lost time benefits if your work-related injury keeps you from work for more than seven days, compels you to work at lower wages or results in permanent disability to any part of your body. You may be entitled to rehabilitation services if you need help returning to work. (In volunteer firefighters' and volunteer ambulance workers' cases, compensation for lost time or loss of earning capacity may be payable from date of injury.)
- 3. You are entitled to obtain any necessary medical treatment related to your injury and you should do so immediately.
- 4. For the treatment of your work-related injury or illness, you may choose any physician, podiatrist, chiropractor, or psychologist (upon referral from an authorized physician) who is Board authorized and who is accepting workers' compensation patients. If, however, your employer is involved in a certified preferred provider organization (PPO) arrangement, you must obtain initial treatment for any workers' compensation injury or illness from the preferred provider organization. Employers participating in this statutory program are required to provide their employees with written notification describing their employees' rights and obligations under the program.
- 5. You should inform your doctor to file copies of medical reports concerning your claim with the Workers' Compensation Board and your employer's insurance company, which is indicated at the bottom of this form.
- 6. You should not pay any medical providers directly for treatment of your work-related injury or illness. They should send their bills to your employer's insurance carrier. If there is a dispute, the provider must wait until the Board makes a decision before it attempts to collect payment from you. If you do not pursue your claim or the Board rules that your injury is not work-related, you may be responsible for the payment of the bills.
- 7. The employer is liable for the replacement or repair of an employee's prosthesis (e.g., artificial members, false teeth, eyeglasses), which has been lost or damaged in the course of employment, whether or not there was bodily injury to the employee. You are also entitled to be reimbursed for drugs, crutches or any apparatus properly prescribed by your doctor, and transportation and other necessary expenses going to and from your doctor's office or hospital. (You should get receipts for all such expenses.)
- 8. You are entitled to be represented by an attorney or licensed representative, but it is not required. If you do hire an attorney or licensed representative, you should not pay him/her directly. Any fee will be set by the Board and will be deducted from your award.
- 9. Lost time and medical benefits are payable directly without a formal direction from the Board, unless your claim is disputed. If your claim is disputed on the grounds that your injury is not work-related or did not arise in the line of volunteer firefighter or ambulance worker duties, then you may qualify for disability benefits for non-work injuries. For more information on entitlement to disability benefits, contact the Workers' Compensation Board office nearest you.
- 10. You should go back to work as soon as you are able; compensation is never as high as your wage. If you need help returning to work, or with family or financial problems because of your injury, you should contact the nearest Board office and ask for a rehabilitation counselor or social worker.
- 11. Your employer may not ask you to waive your right to compensation nor may your employer deduct any money from your pay to contribute to the payment of workers' compensation insurance premiums. Further, you cannot be discharged or discriminated against because you filed a claim for workers' compensation benefits.

IF YOU HAVE DIFFICULTY IN OBTAINING A CLAIM FORM OR NEED HELP IN FILLING IT OUT, OR IF YOU HAVE ANY OTHER QUESTIONS OR PROBLEMS ABOUT A JOB-RELATED INJURY OR DISEASE, CONTACT ANY OFFICE OF THE WORKERS' COMPENSATION BOARD.

This information is a simplified presentation of your rights under the Workers' Compensation Law. It is provided, as required by Section 110 of the Workers' Compensation Law, by your employer's insurance carrier:

DOWNSTATE CENTRALIZEDMAILING (for New York City, Hempstead, Hauppauge & Peekskill Districts)

PO Box 5205 Binghamton, NY 13902-5205 NYC (800)877-1373 / Hemp. (866)805-3630 / Haup. (866)681-5354 / Peek. (866)746-0552 100 Broadway State Office Building

44 Hawley Street 369 Franklin Street 130 Main Street W. Menands ALBANY 12241 BINGHAMTON 13901 BUFFALO 14202 ROCHESTER 14614 SYRACUSE 13203 (866) 750-5157

(866) 802-3604 (866) 211-0645 (866) 211-0644

935 James St. (866) 802-3730

C-430S (8-09)

DECLARACION DE DERECHOS

JUNTA DE COMPENSACION OBRERA Robert E. Beloten, Presidente

A TODO EMPLEADO LESIONADO EN EL TRABAJO O QUE SUFRA DE ENFERMEDAD OCUPACIONAL: USTED PUEDE TENER DERECHO A BENEFICIOS DE COMPENSACION OBRERA

- 1. Usted deberá presentar una reclamación de beneficios dentro del término de dos años del dia en que fue lesionado, a menos que la lesión sea tan pequeña que no requiera tratamiento médico y que no cause interrupción en su jornada de trabajo. Si no radica dentro del término de dos años, puede perder sus derechos a beneficios. Consiga y radique una forma de reclamación (Forma C-3, o VF-3 para bomberos voluntarios, o VAW-3 para empleados voluntarios de ambulancias) en la oficina más cercana de la Junta de Compensación Obrera (direcciones más abaio).
- 2. Usted tiene derecho a compensación si su lesión relacionada con el trabajo le impide trabajar por más de siete días, le obliga a trabajar a sueldo más bajo ó resulta en incapacidad permanente de cualquier parte de su cuerpo. Usted puede tener derecho a servicios de rehabilitación si necesita ayuda para regresar al trabajo. (Bomberos voluntarios y Trabajadores de Ambulancia Voluntarios pueden ser compensados desde el mismo dia de su lesión.)
- 3. Usted tiene derecho a recibir tratamiento médico relacionado con su lesión y debe obtenerlo inmediatamente.
- 4. Para el tratamiento de cualquier lesión o enfermedad relacionada con el trabajo, usted puede escoger cualquier médico, podiatra, quiropractico ó psicologo (si es referido por un médico autorizado) que esté autorizado y acepte pacientes de la Junta de Compensación Obrera. Sin embargo, si su patrono está autorizado a participar en una organización certificada de proveedores preferidos (PPO), usted deberá obtener tratamiento inicial para cualquier lesión o enfermedad relacionada con el trabajo de la correspondiente entidad. Patronos que participen en esta programa establecida por ley estan obligados a proveer a sus empleados notificación escrita explicando sus derechos y obligaciones bajo el programa a que esté acogido.
- 5. Usted deberá requerir de su Médico que radique copias de los informes médicos de su caso en la Junta de Compensación Obrera y en la compañia de seguros de su patrono, que se indica al final de esta forma.
- 6. No paque a ningun proveedor médico directamente por tratamiento de su lesión o enfermedad relacionada con el trabajo. Ellos deben enviar sus facturas al asegurador de su patrono. Si el caso es cuestionado, el proveedor deberá esperar hasta que la Junta decida el caso, antes de iniciar gestión de cobro alguna contra usted. Si usted no tramita su caso ó la Junta falla que su lesión o enfermedad no está relacionada con el trabajo, usted podría ser responsable del pago de las facturas.
- 7. El patrono es responsable de la sustitución y reparación de aquellos implementos médicos que han sido perdidos o se han deteriorado como consecuencia del empleo, sin que importe el que el empleado haya onosufrido lesión (Ej. miembros artificiales, dentadura postiza, espejuelos). Usted tambien tiene derecho a ser reembolsado por medicinas, muletas, o cualquier otro implemento debidamente recetado por su médico y por transportación u otro gasto necesario para ir al médico óalhospital. (Obtenga recibos para justificar gastos.)
- 8. No es obligatorio el estar representado en ninguno de los procedimientos de la Junta, pero es un derecho que usted tiene, el estar representado por abogado ó por representante licenciado si usted así lo desea. Si es representado, no pague al abogado ó al representante licenciado. Cuando la Junta decida su caso, los honorarios seran determinados por la Junta y descontados de sus
- 9. La compensación se paga inmediatamente, sin esperar por la adjudicación del caso, excepto cuando la reclamación es cuestionada. Si la reclamación es cuestionada en base a que la incapacidad no fue causada por un accidente relacionado con su trabajo ó por una enfermedad ocupacional ó por una lesión en el cumplimiento de su deber como bombero voluntario ó como miembro voluntario del cuerpo de ambulancia, usted puede tener derecho a recibir beneficios por incapacidad (para lesiones fuera del trabajo). Si su reclamación es cuestionada y no está recibiendo beneficios por incapacidad, comuniquese con cualquier oficina de la Junta.
- 10. Regrese a su trabajo tan pronto pueda. La compensación nunca es tan alta como su sueldo. Si necesita ayuda para regresar al trabajo ó para resolver problemas financieros ó personales por causa de la lesión sufrida, comunicate con la oficina mas cercana de la Junta y solicita hablar con un trabajador social o con un consejero de rehabilitación.
- 11. Su patrono no puede solicitar que usted le releve de su derecho a compensación, ni puede descontar cantidad alguna de su paga para contribuir al pago de las primas del seguro. Usted no podrá ser despedido ni penalizado por radicar una reclamación en la Junta.

SI TIENE DIFICULTAD EN CONSEGUIR UN FORMULARIO DE RECLAMACIÓN O NECESITA AYUDA PARA LLENARLO Ó TIENE DUDAS SOBRE CUALQUIER SITUACIÓN RELACIONADA CON UNA LESIÓN O ENFERMEDAD COMUNIQUESE CON LA OFICINA MAS CERCANA DE LA JUNTA.

Este resumen es una compilación de los puntos más importantes de sus derechos bajo la ley de compensación obrera. La sección 110 de la ley requiere de su patrono ofrecerle esta información.

DOWNSTATE CENTRALIZEDMAILING

(for New York City, Hempstead, Hauppauge & Peekskill Districts) PO Box 5205 Binghamton, NY 13902-5205 NYC (800)877-1373/ Hemp. (866)805-3630/ Haup. (866)681-5354/ Peek. (866)746-0552

100 Broadway Menands **ALBANY 12241**

(866) 750-5157

State Office Building 44 Hawley Street (866) 802-3604

369 Franklin Street 130 Main Street W. BINGHAMTON 13901 BUFFALO 14202 ROCHESTER 14614 SYRACUSE 13203 (866) 211-0645

935 James St. (866) 211-0644 (866) 802-3730

STATE OF NEW YORK WORKERS' COMPENSATION BOARD

THIS AGENCY EMPLOYS AND SERVES PEOPLE WITH DISABILITIES WITHOUT DISCRIMINATION.

EMPLOYER'S STATEMENT OF WAGE EARNINGS (Preceding the Date of Accident)

1.	1. W.C.B. CASE N		O. 2. CARRIER'S CASE NO.			3.	3. DATE OF ACCIDENT			4. EMPLOYEE'S SOC. SEC. NO.		
N A M E								A	DDRESS			APT.
5. INJURED EMPLOYEE												
6. C	CARRIER											
7. E	MPLOYER											
8. En	nployee was er	nployed	at a		wage	for a	day w	eek.				
							(5, 6 or 7) ediately preceding		ate of acciden	t?		
		•	•		·		, ,	-				
_		e of discr	narge									
1. 2.	ISTRUCTIONS: Give gross week If injured employ the weekly gross of accident.	dy earning ree has not e earning o	s for the 52 weekly p t worked at the same f another employee	eriods in work for of the sar	nmediately prece r a year or a subs me class who ha	eding the da stantial par as worked f	ate of accident. t thereof (234 days f or a year or a substa	or a 5 da ntial par	ay week, 270 da t thereof immedi	ys for a 6 o ately prece	day week) (eding the da	give ate
10. Th	e following is a	schedul	le of gross wage of named in item 5	earning	s for the 52 w	eeks imn	nediately precedir	ng the o	date of accide	nt of: (Ch	eck "X" o	ne)
	•	. ,										
		(N	lame of employee of th	e same c	:lass)		(Addres	s)				
Mook	Wook Ending	Dava	Cross amount noid	Wook	Wook Ending	Davis	Crass amount naid	Week	Wook Ending	Dava	Crass am	ount noid
Week No.	Week Ending Date	Days Worked	Gross amount paid including overtime	Week No.	Week Ending Date	Days Worked	Gross amount paid including overtime	No.	Week Ending Date	Days Worked	Gross am including	
1				19				37				
2				20				38				
3				21				39				
4				22				40				
5				23				41				
6 7				24 25				42				
8				26				44				
9				27				45				
10				28				46				
11	1			29				47				
12				30				48				
13				31				49				
14				32				50				
15				33				51				
16				34				52				
17				35								
18				36					TOTAL			
							allowance in addi					
12. W	as there any v	vage adjı	ustment made aff	ecting	the 52 week p	eriod sch	eduled above? If	"Yes",	explain:			
I CËF	RTIFY THAT TI	HE ABO	VE IS TRUE AND	CORF	RECT:							
Date.					Pre	epared b	y					
Tel. No. & Ext)					

INSTRUCTIONS TO THE EMPLOYERS

Reports should be sent directly to the district offices at these addresses:

- **ALBANY 12241 100 Broadway, Menands. (866) 750-5157** For all accidents in following counties: Albany, Clinton, Columbia, Dutchess, Essex, Franklin, Fulton, Greene, Hamilton, Montgomery, Rensselaer, Saratoga, Schenectady, Schoharie, Ulster, Warren, Washington.
- BINGHAMTON 13901 State Office Building, 44 Hawley Street. (866) 802-3604 For all accidents in following counties: Broome, Chemung, Chenango, Cortland, Delaware, Otsego, Schuyler, Sullivan, Tioga, Tompkins.
- BUFFALO 14202 369 Franklin Street. (866) 211-0645 For all accidents in following counties: Cattaraugus, Chautauqua, Erie, Niagara.
- ROCHESTER 14614 130 Main Street West. (866) 211-0644 For all accidents in following counties: Allegany, Genesee, Livingston, Monroe, Ontario, Orleans, Seneca, Steuben, Wayne, Wyoming, Yates.
- SYRACUSE 13203 935 James Street. (866) 802-3730 For all accidents in following counties: Cayuga, Herkimer, Jefferson, Lewis, Madison, Oneida, Onondaga, Oswego, St. Lawrence.
- DOWNSTATE CENTRALIZED MAILING (for New York City, Hempstead, Hauppauge & Peekskill district offices) PO Box 5205, Binghamton, NY 13902-5205. NYC (800) 877-1373 Hemp. (866) 805-3630 Haup. (866) 681-5354 Peek. (866) 746-0552 For all accidents in following counties: Bronx, Kings, Nassau, New York, Orange, Putnam, Queens, Richmond, Rockland, Suffolk, Westchester.

Statewide Fax Line: 877-533-0337

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